

MALAYSIAN BREAST CANCER SUMMIT 2026

TIME	TOPIC	SPEAKER
8:45	分享：我们活出的旅程 乳癌患者与幸存者分享她们在粉红旅程中的真实经历，以及重新学习生活的过程，并由心理学家提供专业见解与支持。特别适合正在经历乳癌旅程中的您，或希望从他人故事中获得力量与陪伴的人士。 [Sharing: The Journey We Live: Breast cancer patients and survivors share in Mandarin, the realities of the pink journey and learning to live again - with insights from the psychologist. Especially meaningful for anyone navigating breast cancer or seeking strength through the stories of others.]	Survivor: Ms Carol Ng <i>BELove, Founder</i> Psychologist & Clinical Hypnotherapist: Ms Carrie Twu Hooi Lee <i>Brain-Switch 2.0@, NoTrauma Singapore</i>
9:30	初诊须知：了解您的乳癌旅程 本场华语主导讲座将由英国受训乳房外科医生及资深肿瘤科医生带领，帮助您更全面了解乳癌的基础知识。特别适合刚确诊乳癌、近期复发中的患者，或任何希望更深入认识乳癌的人士： 1) 我患的是哪一种乳癌？ 2) 乳癌有哪些治疗方式？ 3) “可治愈”与“可控制”有什么分别？ 4) 哪些因素会影响治疗效果？ [Understanding Breast Cancer Together: This is your opportunity to understand the essentials about breast cancer from a UK-trained breast surgeon and an experienced oncologist, in Mandarin - especially valuable for patients newly diagnosed, journeying recent recurrence or simply interested to better grasp the disease.]	Breast Surgeon: Dr Melissa Tan Ley Hui <i>Prince Court Medical Centre</i> (Chairperson) Oncologist: Dr Kua Voon Fong <i>Beacon Hospital</i>

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10:00	用中文咨询您的医生 这是一个难得的机会，让您用普通话向肿瘤科医生和乳腺外科医生提出您最关心的问题。 [Ask the Doctors, in Chinese: Your opportunity to ask the oncologist and breast surgeon your burning questions in Mandarin.]	Survivor: Ms Sharole Chee <i>Pink Light, President</i> (Moderator) Breast Surgeon: Dr Melissa Tan Ley Hui <i>Prince Court Medical Centre</i> Oncologist: Dr Kua Voon Fong Beacon Hospital
10:30	Stronger Together Tours: Learning & Reflection (30 minutes)	TalkHealthAsia
12:00	Workshop: Healing from Sadness & Trauma Using a neuroscience-informed therapeutic framework that uses memory reconsolidation and practical psychology to update maladaptive neural pathways for lasting trauma resolution and emotional regulation, Dr Joachim Lee from Neuro-Therapy Singapore will walk you through the breakthrough experience of BrainSwitch2.0.	Psychotherapist & Specialist in Trauma Pattern Resolution: Dr Joachim Lee <i>Brain-Switch 2.0®, NoTrauma Singapore</i>
12:30	Lunch & Retail Therapy	

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13:15	Personal Therapy Slots (45 minutes per person per slot) (Complimentary) <i>*registration required, slots available in English or Mandarin</i> Meet privately with an experienced psychologist or counsellor for personalised emotional support and therapeutic guidance. Limited to 6 slots. 免费一对一心理支持服务（每节45分钟） *需提前登记，可选择英语或华语进行 与经验丰富的心理学家或辅导员进行私人一对一交流，获得个性化的情绪支持与心理辅导。 仅限6个名额。 Time Slots 时间安排 1) 13:15-14:00 2) 14:00-14:45	<i>English-speaking Therapist</i> Dr Joachim Lee Psychotherapist & Specialist in Trauma Pattern Resolution <i>English-speaking Therapist</i> Dawn Tan Senior Psychotherapist, Clinical Supervisor and Scientific Hypnotherapist <i>Mandarin-speaking Therapist 华语心理师</i> Ms Carrie Twu Hooi Lee Psychologist & Clinical Hypnotherapist
14:30	Kopi & Health Educational Tour 2	TalkHealthAsia
15:00	Healing from Surgery and Managing Lymphoedema Support your recovery with the right knowledge - learn how to heal safely after breast cancer surgery and also how to manage lymphoedema effectively to restore movement, comfort and confidence.	Physiotherapist: Ms Lydia Claire Lim <i>Healing Oasis</i>
15:30	Overcoming Treatment Side Effects: What can I do? Practical strategies, medical guidance and supportive approaches to help improve your quality of life on the following: digestive challenges, nerve issues, sleep, fatigue and brain fog.	Breast Medical Oncologist: Dr Kiley Loh Wei-Jen <i>Penang Adventist Hospital</i>
16:30	Living Well, Living Longer: Empowering Patient Advocates Across the Breast Cancer Journey [By Invitation Only - Closed Door Patient Advocacy Group Session by Novartis]	Consultant Clinical Oncologist: Dr Natasha Bt Mohd Hashim <i>KPJ Johor Specialist Hospital</i> Breast & Endocrine Surgeon Dr Wong Mei Wan <i>Sunway Medical Centre</i>
17:30	CLOSE OF DAY ONE	

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8:00	Doors Open	
8:30	Tanyalah Doktor - dalam Bahasa Melayu: Peluang untuk anda mengajukan soalan-soalan penting kepada pakar onkologi dan pakar bedah payudara dalam Bahasa Melayu. [Ask the Doctors, in Malay: Your opportunity to ask oncologists and a breast surgeon your burning questions in Bahasa Melayu.]	Survivor: Pn Mahani Kassim <i>Pink Unity, President</i> (Moderator) Breast Surgeon: Dr Nur Aishah Mohd Taib <i>Beacon Hospital</i> Oncologist: Dr Najihah Abu Bakar <i>Hospital Kuala Lumpur</i> Dr Natasha Mohd Hashim <i>KPJ Johor Specialist Hospital</i>
9:00	Recent developments in breast cancer treatments Understand new therapies or evolving approaches, and what these developments could mean for your care.	Oncologist: Dr Christina Lai Nye Bing <i>Hospital Picaso</i>

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9:30	Non-Conventional Alternatives: What to know, What to look out for Curious about alternative approaches? Learn how to navigate information on non-conventional treatments - to assess what they are, what to watch out for and how to evaluate them safely alongside medical care.	Survivor: Mdm Heng Charng Yee <i>Former CEO of Globetronics</i> (Moderator) Breast Surgeon: Dr Ng Char Hong <i>Hospital Picaso</i> Oncologist: Dr Nur Fadhlin Abdul Satar <i>Pantai Hospital Kuala Lumpur</i>
10:00	You've Lived It. Now Help Redesign It. What if your patient experience could help others? Join Po Lin for an interactive session where your experiences and thoughts will directly influence the future of TalkHealthAsia and help create better healthcare navigation for everyone.	Founder & CEO of TalkHealthAsia: Mdm Lim Po Lin (Moderator)
10:30	Kopi & Health Educational Tour 3	TalkHealthAsia
11:00	"Will it come back?" Surveillance and Navigating Recurrence Understanding recurrence patterns, what to watch for and how to navigate the uncertainty with greater confidence.	Oncologist: Dr Mastura Md Yusof <i>Hospital Picaso</i>
11:30	"Is it in my genes?" - Who needs genetic testing? This session unpacks who should consider genetic testing, what the results really mean, and how they can guide informed decisions for you and your family.	Genetic Counsellor: Ms Yoon Sook Yee <i>Genetix by Cancer Research Malaysia</i>

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12:00 **Ask the Doctors: Q&A Multidisciplinary Panel**

Breast surgeons and oncologists on a panel, to clarify confusion and answer questions that matter to you.

Survivor:

Datin Ang Chin Fan
Breast Cancer Support Group Johor,
President
(Moderator)

Breast Surgeon:

Professor Emeritus
Dato' Dr Yip Cheng Har
Hospital Picaso

Oncologist:

Dr Azura Deniel
Ampang Puteri Specialist Hospital

Oncologist:

Dr Nur Fadhlina Abdul Satar (Nina)
Pantai Hospital Kuala Lumpur

12:30 **Lunch & Fun**

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16:30	CLOSE OF DAY TWO	